



Nanjing 2014 Youth Olympic Games **16 – 28 August 2014**

Lake Jinniu, Nanjing, CHN

SAILING INSTRUCTIONS

The Organizing Authority is the Nanjing 2014 Youth Olympic Games Organising Committee (NYOGOC) in conjunction with the International Sailing Federation (ISAF).

1. RULES

- 1.1 The Olympic Charter of the International Olympic Committee (IOC) will apply.
- 1.2 The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.3 RRS Appendix P, Special Procedures for Rule 42, will apply.
- 1.4 The Nanjing 2014 Equipment Regulations will apply.
- 1.5 The Nanjing 2014 Coach Boat Regulations will apply.
- 1.6 The Nanjing 2014 Athlete Media Guide will apply.
- 1.7 Competitors shall comply with the ISAF Betting and Anti-Corruption Code (Appendix 5 of the ISAF Regulations). An alleged or actual breach of this rule shall be dealt with under the Code. It shall not be grounds for a protest and RRS 63.1 does not apply. This changes RRS 60.
- 1.8 No national authority prescriptions will apply.
- 1.9 In all rules governing this regatta, both 'athlete' and 'competitor' mean a person competing in the event.
- 1.10 If there is a conflict between languages the English text will take precedence.

2. SAFETY REGULATIONS [SP] [DP]

- 2.1 The race committee will protest a boat for a breach of these safety regulations.
- 2.2 For the Boy's and Girl's One Person Dinghy, competitors shall wear personal flotation devices at all times while afloat, except briefly while changing or adjusting clothing or personal equipment. For the Boy's and Girl's Windsurfer, RRS 40 applies and the race committee will decide based on the conditions each day whether RRS 40 will be invoked (personal flotation devices may be placed in official boats).
- 2.3 Boats not leaving the venue for a scheduled race shall promptly notify the Race Office.
- 2.4 On arrival in the course area each day, each boat shall sail past the stern of the race committee signal boat on starboard tack and hail her sail or bow number until acknowledged by the race committee.
- 2.5 Before leaving to race on each scheduled racing day, the competitor shall personally sign out on the required race committee at the white tent located beside the launching ramp.
- 2.6 Within 15 minutes after returning ashore, the competitor shall personally sign in on the required form.
- 2.7 A boat that retires from racing shall notify the race committee before leaving the racing area, or if that is not possible, shall notify the Race Office as soon as possible after returning ashore.



- 2.8 Boats retiring from racing in accordance with SI 2.7 shall complete a retirement declaration form at the Race Office before the protest time limit.
- 2.9 In accordance with NOR 17, Berthing, boats shall return to and remain in their assigned places in the boat park.
- 2.10 Boats not racing shall remain clear of boats that are racing and official boats.
- 2.11 When the race committee displays flag V with repetitive sounds, all official and support boats shall monitor VHF channel 16 for search and rescue instructions.
- 2.12 Additional safety information:

Function	Name of Contact	Office Phone	Mobile Phone
Safety Officer	Mr. XIA Bingyu	+86(0)25 56665290	+86 138-5182-7909
Race Office	Mr. LI Bo	+86(0)25 56665290	+86 133-3781-8111
Medical Team	Mr. LIU Jinliang	+86(0) 25 56665320	+86 153-4518-9865

3. CODE OF CONDUCT [DP]

- 3.1 Competitors shall comply with any reasonable request from a regatta official.
- 3.2 Competitors shall handle any boats or equipment provided by the organizing authority with proper care and seamanship, and in compliance with any written instructions.

4. COMMUNICATIONS WITH COMPETITORS

- 4.1 Notices to competitors will be posted on the official notice board located near the Sports Information Desk at the ground floor of the Venue Management Building.
- 4.2 Copies of notices may also be posted on the website as the following address:
http://www.nanjing2014.org/en/en_sports/GamestimeResults.htm
- 4.3 When a visual signal is displayed over an area, event or fleet flag, the signal applies only to that area, event or flee. This changes the RRS Race Signals preamble.
- 4.4 Signals ashore will be displayed at the flag pole beside the launching ramp.
- 4.5 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 20 minutes for Racing Area A and 50 minutes for Racing Area B' in the race signal AP. Flag AP over H displayed ashore means 'Boats shall not leave the harbour. Wait for further instructions.' This changes RRS Race Signals AP.

5. CHANGES TO SAILING INSTRUCTIONS

- 5.1 Any change to the format or schedule of races will be posted by 1800 on the day before it will take effect and any change to the sailing instructions will be posted before 0930 on the day it will take effect.
- 5.2 Any reassignment of events or fleets to course areas will be posted before 0930 on the day it will take effect, or if flag AP is displayed ashore, 30 minutes before flag AP for that class or fleet is removed.
- 5.3 When any SI addendum is changed, an updated version of it will be posted on the Official Notice Board as part of these sailing instructions.

6. FORMAT OF RACING

- 6.1 For all events the regatta will consist of an opening series and a final race.



6.2 For the Windsurfer events only:

- (a) The first race of the opening series will be a fleet race.
- (b) After the first race of the opening series is completed the remainder of the opening series races may be a fleet race or a slalom race.
- (c) For a fleet race each event will race in one group.
- (d) For a slalom race each event will be divided into heats competing in a single elimination series format.

6.3 For the One Person Dinghy events only:

- (a) Each race of the opening series will be a fleet race.

6.4 For all events the final race will be a fleet race.

7. SCHEDULE OF RACES

7.1 The schedule, including registration, equipment distribution and racing, is as follows:

Date	Time	Programme
13 August	1000 – 1800	Registration, Equipment Distribution & Training
14 August	1000 – 1800	Registration, Equipment Distribution & Training
15 August	1000 – 1800	Registration, Equipment Distribution & Training
16 August		Opening Ceremony
17 August	1000 – 1800	Training and practice races
18 August	1100 – 1800	3 Races
19 August	1100 – 1800	2 Races
20 August	1100 – 1800	3 Races
21 August	1100 – 1800	Reserve Day
22 August	1100 – 1800	2 Races
23 August	1100 – 1800	Racing / Final Race
24 August	1100 – 1800	Reserve Day
28 August		Closing Ceremony

7.2 The opening series and the final race, if any, will take place as detailed in SI Addendum C.

7.3 10 opening series races and one final race are scheduled with no more than 3 fleet races or slalom elimination series to be sailed on one day. The decision to sail fleet races or slalom elimination series will be announced not later than 1 hour before the first warning signal.

7.4 Races not sailed on the scheduled day may be sailed on a following day at the discretion of the race committee.

7.5 Opening series races may be sailed on the same day as the final race.

7.6 On the last day of racing for each event no warning signal will be made after 1730.

7.7 The warning signal for each succeeding race will be made as soon as practicable.

7.8 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.



8. COURSE AREAS

- 8.1 The approximate locations of the course areas are shown in SI Addendum A.
- 8.2 Events are assigned to course areas as stated in SI Addendum C.
- 8.3 For the final race, one race course area or two race course areas will be used. The location will be posted on the official notice board in accordance with SI 5.1.

9. THE COURSES

The diagrams in SI Addendum B show the courses, the course designations, the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

10. MARKS

- 10.1 Marks 1, 2, 3, and 4, or associated gate marks, will be as follows:

Course Area	Marks 1, 2, 3, 4	New Mark
Alpha	Cube-shaped, orange inflatable	Cube-shaped with black band, orange inflatable
Bravo	Cone-shaped, yellow inflatable	Cone-shaped with black band, yellow inflatable

- 10.2 Marks S1, S2, S3 and S4, or associated gates, will be cone-shaped yellow inflatable buoy.

- 10.3 The starting and finishing line marks will be race committee vessels.

11. EVENT FLAGS

Event	Event Insignia	Background Colour
Boy's Windsurfer	"T293"	White
Girl's Windsurfer	"T293"	Light Blue
Boy's One Person Dinghy	"CII"	White
Girl's One Person Dinghy	"CII"	Light Blue

12. THE START

- 12.1 The starting line will be between a staff displaying an orange flag on the race committee vessel at the starboard end and either
- the course side of the port-end inflatable starting mark, or
 - a staff displaying an orange flag on the race committee vessel at the port end.
- 12.2 A buoy may be attached to the race committee starting boat anchor line just below keel depth. Boats shall not pass between this buoy and the race committee starting boat at any time. This buoy is part of the race committee starting boat ground tackle.
- 12.3 When a starting sequence is in progress, boats whose warning signal has not been made shall avoid the starting area. The starting area is defined as a rectangle 50 meters from the starting line and marks in all directions.
- 12.4 If flag U has been displayed at the preparatory signal, no part of a boat or board's hull, crew or equipment shall be in the triangle formed by the ends of the starting line and the first mark



during the last minute before her starting signal. If a boat breaks this rule and is identified, she shall be disqualified without a hearing but not if the race is restarted or resailed. This changes RRS A5.

- 12.5 If a slalom race format for the Windsurfer events is used, the start sequence will be as follows (amending RRS 26):

Minutes before start signal	Visual signal	Sound signal	Meaning
Not less than 3	Heat number	None	
3 minutes	Class flag	One	Attention signal
2 minutes	Red flag; Class flag removed	One	Warning signal
1 minute	Yellow flag; Red flag removed	One	Preparatory signal
30 seconds	Yellow flag removed	One	Half minute
Start	Green flag	One	Start signal

13. COURSE CHANGES

- 13.1 To change the next leg of the course, the race committee will (a) lay a new mark, (b) move the finishing line, or (c) move the leeward gate. When a new mark is laid, the original mark will be removed as soon as possible. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 13.2 Courses will not be shortened. This changes RRS 32.

14. THE FINISH

The finishing line will be between a staff displaying an orange flag on the race committee vessel and either:

- (a) the course side of the nearby inflatable finishing mark, or
- (b) a staff displaying an orange flag on the nearby race committee vessel.

15. TIME LIMITS AND TARGET TIMES

- 15.1 For opening series fleet races and the final race, time limits and target times are as follows:

Event	Time Limit	Mark 1 Time Limit	Finish Window	Target Time
Windsurfer	50	15	15	25
One Person Dinghy	70	20	20	45

- 15.2 If no boat has passed Mark 1 within the Mark 1 Time Limit the race will be abandoned.
- 15.3 Boats failing to finish within the time stated in the Finish Window after the first boat sails the course and finishes will be scored Did Not Finish. This changes RRS 35, A4 and A5.



15.4 For a slalom race the target times are as follows:

Event	Target Time
Windsurfer	5

16. EQUIPMENT AND MEASUREMENT CHECKS [DP] [NP]

The Nanjing Equipment Regulations will apply.

17. REPLACEMENT OF CREW

Substitution of competitors will not be allowed after 1000 on 17 August 2014.

18. OFFICIAL BOATS

18.1 Official boats will be marked as follows:

ISAF Equipment Inspector	A white flag with 'Measurer' letter
First aid/Medical	A white flag with 'Rescue' letters
ISAF International Jury	A white flag with 'IJ' letters
Media	A green flag with white 'Media' letters
Organisers/VIP	A white flag with 'VIP' letters
Race Committee	A white flag with 'RC' letters
Course Marshals	A white flag with 'Marshals' letters
Shared Coach Boats	A white flag with 'Coach' letters
Harbour Management Boats	A white flag with 'Harbour' letters
ISAF	A white flag with 'ISAF' letters
ISAF Technical Delegate	A white flag with 'TD' letters
NYOGOC Competition Manager	A white flag with 'CM' letters
ISAF Principal Race Officer	A white flag with 'IRO' letters

18.2 Actions by official boats or helicopters shall not be grounds for requesting redress by a boat. This changes RRS 60.1(b).

19. SUPPORT AND SPECTATOR BOATS [NP] [DP]

The Nanjing 2014 Coach Boat Regulations will apply.

20. IDENTIFICATION AND ADVERTISING WHILE RACING [SP] [DP]

20.1 Each boat and board shall carry on the sail her national letters and national flag. These will be supplied by the Organizing Authority and shall be applied under its direction. No other sail numbers or letters may be displayed. This changes RRS G1.1.

20.2 Boats and boards sailing in the Girl's Windsurfer and Girl's One Person Dinghy events shall carry a red or black rhombus. These will be supplied by the Organizing Authority and shall be applied under its discretion.



- 20.3 All boats, but not boards, shall carry 'Games' logos and national letters on each side of the hull. These will be supplied by the Organizing Authority and applied under its direction.
- 20.4 The Organizing Authority shall supply and apply to the sails other 'Games' logos or identification marks.
- 20.5 While afloat, athletes shall wear bibs provided by the Organizing Authority displaying their National Olympic Committee (NOC) code on the outside of all other clothing and equipment.
- 20.6 Each day while racing, the first, second and third boats in the series scores at the beginning of the day shall display a yellow, blue and red sticker respectively. The Organizing Authority will supply the stickers and instructions for their use.

21. SCORING

- 21.1 RRS Appendix A will apply. RRS B8 is deleted.
- 21.2 One race is required to be completed to constitute a regatta.
- 21.3 Six races are required to be completed to constitute an opening series.
- 21.4 Each fleet racing race will be scored as a single race. Each slalom elimination series will be scored as a single race. Two or more boats may be scored equally in a race.
- 21.5 When fewer than 6 races in the opening series have been completed, no score shall be excluded. When 6 or more races have been completed, the boat's worst score shall be excluded. The score from the final race will not be excluded.
- 21.6 All boats will progress to the final race.
- 21.7 If there is a series score tie between two or more boats with different final race point scores, they shall be ranked in order of their scores in the final race. This changes RRS A8.

22. PROTESTS, PENALTIES AND REQUESTS FOR REDRESS

- 22.1 Protest forms are available at the race office, located at the Sports Information Desk. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 22.2 For fleets racing on 'A' Course, the protest time limit is 60 minutes after the last boat has finished the last race of the day. For fleets racing on 'B' Course, the protest time limit is 90 minutes after the last boat has finished the last race of the day.
- 22.3 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at the first floor of the Venue Management Building beginning at the time posted. Hearings may be scheduled to begin up to 30 minutes before the end of protest time.
- 22.4 Notices of protests by the race committee or protest committee will be posted to inform boats under RRS 61.1(b).
- 22.5 A list of boats that have been penalized under RRS Appendix P for breaking RRS 42 will be posted.
- 22.6 Penalties for breaches of NOR 2, 3, 8, 17, 18, 20, 22, the Equipment Regulations, class rules, or rules in the SIs marked [DP], are at the discretion of the protest committee. A boat may accept a discretionary penalty before a hearing concerning the same incident by completing a form available at the Jury Office.
- 22.7 Breaches of rules in the SIs marked [NP] will not be grounds for a protest by a boat. This changes RRS 60.1(a).



22.8 For breaches of NOR 3, 17, and the SIs marked [SP], the race committee may apply a standard penalty without a hearing. A list of these breaches and the associated standard penalties will be posted on the Official Notice Board. However, the race committee may protest a boat when they consider the standard penalty to be inappropriate. This changes RRS 63.1 and A5.

22.9 On the last day of the opening series, or on the last scheduled day of racing, a request for reopening a hearing shall be delivered

- (a) within the protest time limit if the requesting party was informed of the decision on the previous day;
- (b) no later than 30 minutes after the requesting party was informed of the decision on that day;

This changes RRS 66.

23. RADIO COMMUNICATIONS [DP]

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats, except in an emergency or when using equipment provided by the race committee. This restriction also applies to mobile telephones.

24. TRASH DISPOSAL [DP]

Competitors may place trash in support and race committee boats. Rule 55 applies.

25. PRIZES

The following medals and diplomas for the Nanjing 2014 Youth Olympic Games Sailing Competition will be awarded:

First Place

First prize will be a gold medal and a diploma.

Second Place

Second prize will be a silver medal and a diploma.

Third Place

Third prize will be a bronze medal and a diploma.

26. RISK STATEMENT

Competitors participate in the regatta entirely at their own risk and they are reminded of the provisions of RRS 4, Decision to Race. Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and the boat supplied to them to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their supplied boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) By participating in any race, they are satisfied that their supplied boat is in good order, equipped to sail in the event and they are fit to participate;



- (e) The provision of a race management team, patrol boats, umpires and other officials and volunteers by the organiser does not relieve them of their own responsibilities;
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.



ADDENDUM A – COURSE AREAS





ADDENDUM B – COURSES

L

Course: Windward/Leeward

Signal	Marking Rounding Order
L2	Start - 1 - 4s/4p - 1 - Finish
L3	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - Finish
L4	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s/4p - 1 - Finish

S

Course: Slalom

Signal	Mark Rounding Order
S	Start - 1 - 2 - 3 - 4 - Finish

I

Course: Inner Trapezoid

Signal	Marking Rounding Order
I2	Start - 1 - 4s/4p - 1 - 2 - 3p - Finish
I3	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 2 - 3p - Finish
I4	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s/4p - 1 - 2 - 3p - Finish

O

Course: Outer Trapezoid

Signal	Marking Rounding Order
O2	Start - 1 - 2 - 3s/3p - 3 - 4p - Finish
O3	Start - 1 - 2 - 3s/3p - 3 - 4p/4p - 3 - 5s/5p - 3 - 4p - Finish
O4	Start - 1 - 2 - 3s/3p - 3 - 4p/4p - 3 - 4p/4p - 3 - 5s/5p - 3 - 4p - Finish



ADDENDUM C – COMPETITION AND COURSE SCHEDULE

Date	Boy's Windsurfer		Girl's Windsurfer		Boy's One Person Dinghy		Girl's One Person Dinghy	
	Course	Races	Course	Races	Course	Races	Course	Races
18 August	B	3	B	3	A	3	A	3
19 August	A	2	A	2	B	2	B	2
20 August	B	3	B	3	A	3	A	3
21 August	Reserve		Reserve		Reserve		Reserve	
22 August	B	2	B	2	A	2	A	2
23 August	A	1	A	1	A	1	A	1
24 August	Reserve		Reserve		Reserve		Reserve	